



How did the message challenge you? How did it encourage you?

WHAT DOES GOD WANT ME TO KNOW?

Read John 13. Who do you identify with more in this story—Jesus or Judas and Peter?

Imagine that you are in Jesus's position. How would you have dealt with Judas and Peter at the Last Supper?

What does this account teach us about God's character?

What do you know about the endings of Judas and Peter's stories? Why do you think they ended so differently?

WHAT IS MY INITIAL REACTION?

Which is harder for you- forgiving yourself for mistakes you have made or forgiving those who have hurt you? Explain your answer.

When you reflect upon your life (past, present and future) do you ask God what *He* sees? Why or why not?

In what ways do you feel like a "prisoner" to your past?
(*How do you let your past define you? Detain you? Defeat you?*)

WHAT AM I GOING TO DO?

Read 1 Timothy 1:12-17. Based on this passage, how would you describe the way God sees your past? How does *his* view compare to your view?

What have you done to release yourself from the weight of your past?

How does your relationship with the past need to change based on what you have learned this week?

