

## BIG IDEA

**Jesus is in the boat!**

## WHAT DOES GOD WANT ME TO KNOW?

When was the last time Jesus brought peace into a difficult situation in your life?

**Read Psalm 23.** How does this passage contribute to your understanding of peace?

What elements of conflict can you identify within Psalm 23? Why is David at peace in the midst of these troubles?

Recall the big idea from the message this week: *Jesus is in the boat*. How would you explain the big idea in your own words?

## WHAT IS MY INITIAL REACTION?

Are you familiar with the “perfect storm” of pride, fear and stress? Which of these do you struggle with the most? Why?

Reflect on this statement: *Fear imagines the worst, fear exaggerates the problem and fear requires a scapegoat*. Who do you blame when you are afraid/stressed? Why?

Why is it so difficult to admit we need help? At what point in your life did you first realize you needed Jesus? How often do you realize this need now?

**Read Mark 4:40.** Why do you think Jesus said this? Have you, like the disciples, ever forgotten that Jesus is in the boat?

## WHAT AM I GOING TO DO?

Share an area in your life where you feel “in over your head.” How would your feelings change if you consistently remembered that Jesus is with you?

What practice(s) can you put in place to keep this truth in front of you this week?

**Read Philippians 4:6-7.** Spend some time in prayer with your Life Group. Ask God to bring peace in the areas just mentioned.

