

Freeway

Introduction and Awareness

Leader Check-in

Are you a creature of habit? What is a habit in your life that others might find strange?

Discover

How would you define the word “free”?

What does it mean to be free - according to scripture? Take 5 minutes and see how many passages you can find in the Bible about what it means to be free.

Read Galatians 5:22-26. Are any of these behaviors common habits in your life right now? What about Galatians 5:19-21?

Explain a time in your life where one of your habits caused someone else pain. Why might this instance have come to mind?

Read Mark 2:13-17. What does this reveal about who God is? What can we learn about ourselves based on this passage?

Fully Own

Are you ever tempted to present yourself differently than you really are?

Share a story about a time when you told someone you said you were “fine” and you weren’t. Why didn’t you share?

Brainstorm all the ways that you are “supposed to act” when you come to Life Group. Which of those items would you like to remove from the list?

Read Psalm 31:1-2. How does David set the example for us when it comes to how we wrestle through struggle and pain?

Challenge

Make a list of your worst habits. Make a list of your best habits. How aware are you of each list on a daily basis? Spend some time this week asking God to deepen your awareness of the habits listed above. Take advantage of the opportunities to invite Jesus into your habits that don’t reflect God’s desire for your life. **Remember** to allow yourself to express gratitude for the habits that reflect Jesus and bring you closer to God.



Freeway Discovery

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Leader Check-in

Reflect on the past week-- what has God been bringing into your awareness?

Discover

What might be blocking your vision from seeing God's presence in your life?

Read Acts 17:24-28. What is your initial response to this passage?

Read 2 Kings 2:1-15. What do you notice about the relationship between Elijah and Elisha? Who do you identify with most in your relationship(s)? Explain.

Reflect on a time you felt burned or betrayed in a relationship. How did you respond?

Why do you think it is so important to God that we mend broken relationships?

Fully Own

What unresolved pain are you wrestling with that you keep hoping will get better?

In what areas of your life are you feeling trapped? Why do you think that is?

What conclusions can you draw concerning the way you see God and the way you interact in your relationships?

Read Isaiah 54:4-5. In what areas of your life might God be asking you to have courage? How might he be asking you to invite others into that?

Challenge

Imagine what freedom would look like for you. Ask God to help you discover the ways in which he is already working toward this in your life. Share your newfound awareness with someone close to you.



Freeway Ownership

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Leader Check-in

How would you describe the past week for you?

Discover

Share a story about a time you felt you were treated unfairly. How did you respond?

Read 1 Samuel 15:1-9. How would you summarize Saul's actions in response to Samuel's instruction? What could we assume about Saul based on this passage?

Now **read 1 Samuel 15:10-17; 24-25.** How would you describe the conflict at hand in this story?

What do you notice about Saul's disposition throughout the passage? What connections can you make between Saul's actions and Saul's disposition? Explain.

Respond to this prayer: *"God – grant me the serenity to accept the people I cannot change, the courage to change the person I can, and the wisdom to know that one person is me".* What is your initial reaction?

Fully Own

Reflect on a time when you accepted responsibility for an action or mistake. What happened in response?

Why might it be so important to God that we learn to take ownership in our life, opposite to that of Adam and Eve in the story of Genesis? How are we affected spiritually when we choose to step into ownership of the fair and unfair areas of our lives?

Have you ever seen yourself as an investment? Why or why not?

Read 1 Corinthians 7:23-24. Reflect on the way you care for things you highly value, things you own. Examine the way you think of and care for yourself. What differences are you noticing?

Challenge

Have you found it easy or difficult to own the Mark of Ownership here at Central, *Found People Find People*? Reflect on this question this week. Ask God what truth he might be leading you to find about yourself so that you can begin to bring others to know Jesus.



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Forgiveness

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Leader Check-in

Did anything surprise you this week as you reflected on your personal ownership of the Mark of Ownership, *Found People Find People*? Share one thing you noticed.

Discover

Recall a time you felt justified in seeking revenge. Explain.

Read Micah 7:18. What does this verse illuminate about God's character?

Spend the next 5-10 minutes in groups on the following activity.

Group 1: Find as many passages in the Bible as you can about anger.

Group 2: Find as many passages in the Bible as you can about forgiveness.

What conclusions did you draw between the two groups? How does this impact you?

Read Luke 17:3-4. How does Jesus transform the understanding of justice in relationship to anger and unforgiveness?

Fully Own

Have you ever experienced brokenness due to prolonged unforgiveness?

Read 2 Chronicles 30:9. Based on this passage, how would you describe God's posture toward us?

What are the cages you perceive in your own life? How have your cages affected you and those around you?

Read 2 Corinthians 10:5. How do you understand this passage? Explain.

In what ways would your life be different if you chose to respond to anger and unforgiveness toward yourself and others according to 2 Corinthians 10:5?

Challenge

Suppose you could break free of the cages you are currently in – what would you do in light of your newfound freedom?

This week, be intentional and aware of your thoughts. Take every thought captive to Christ that tries to put you back in a cage. Look for ways that God desires to free you this week by the truth of his word.

Freeway Acceptance

Leader Check-in

What cages did you notice you spent less time in this past week?

Discover

Is there any part of your life that you feel has lost value?

Read Matthew 6:26. How does this passage challenge or encourage you? Explain.

Read Luke 12:6-7. Where have you felt fear creep in to your thoughts? How has it affected the way you see yourself? The way you interact with others?

What can this passage in Luke teach us about our worth?

Read Leviticus 26:11-12. What challenges or encourages you about the idea that God chooses to be among you? Why do you think scripture addresses God's attitude toward his people so often?

Fully Own

Reflect on a time you felt accepted. How does it differ from a time you felt criticized?

Have you ever wanted to be someone other than you? Can you summarize why?

Read Proverbs 3:3-4. How might God be looking to give you new eyes for yourself?

Spend the remaining time in your group on the following activity.

For 2 minutes: *Using post-it notes or small pieces of paper, write down all the words that you have used to speak of or think of yourself, using only one post-it or piece of paper per word.*

For 2 more minutes: *Using post-it notes or small pieces of paper, write down all the words that the Bible says God uses to describe us, using only one post-it or piece of paper per word.*

Now find a good-sized wall or door and have everyone stick their note up on the wall/door. Sort them by the two categories. Take a moment to reflect on the summary of the group list. What are you noticing?

Challenge

As you leave today, choose a word from the wall that you may have never believed about yourself from the group of words that God uses to describe you. This week, pray over that word, asking God to help you enter into acceptance over the truth his word speaks into your life. Come ready to share about this process with the group next week.



Freeway Freedom

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Leader Check-in

In what ways did God challenge the way you thought about yourself this week?

Discover

How does God's definition of freedom compare to your understanding of freedom?

Read 2 Corinthians 3:17. Based on this passage, what would freedom look like in your life?

Read Romans 8:1-2. How would you rephrase this as a personal application to your life and newfound freedom in Christ?

Ephesians 2:8. According to this passage, our freedom is not a result of our own doing. With this in mind, how can we begin to live in the freedom given to us by Christ?

Fully Own

Complete the following sentences:

I will no longer be held captive by _____.

Because of who I am in Christ, I now choose to live and be known by _____.

Read Galatians 5:1. What might be something that could hinder you from fully accepting the freedom Christ has given to you? In what ways could you take this captive to Christ in order to fully receive his freedom?

Now Read Galatians 5:13-14. How do we as followers of Christ begin to share with others in our newfound freedom?

Challenge

As we wrap up this series, take a moment to reflect on how far God has brought you in the last few weeks. Ask God what your next steps might be, whether it is inviting someone to church, learning more about How to Share Your Faith or simply diving deeper into God's word through SALT courses here at Central. Whatever it is, say yes to living in the freedom that God has given us and most importantly - taking others with you on that journey.