

BIG IDEA

Nobody thinks more of you than Jesus.

WHAT DOES GOD WANT ME TO KNOW?

Describe the last time you felt trapped. What ideas or fears were going through your mind?

Read Mark 5:5. How have you seen people deal with their pain? How do you react when people express their pain in strange ways? Do your actions match those of Jesus? Why or why not?

How have you let the past or the words of someone else define you?

Read Luke 8:26-30. What is significant about Jesus asking for the man's name? What does it mean to you when someone calls you by name?

WHAT IS MY INITIAL REACTION?

Who are the people in our culture that we tend to isolate? Why?

What would happen if we, like Jesus, began to recognize the humanity in those that are marginalized and isolated by our culture? Are there practical steps your Life Group can take to make this happen?

Read Luke 8:34-35. Has Jesus made such a significant change in your life that people who know you can see it? How can you tell?

WHAT AM I GOING TO DO?

Break into groups- men with men and women with women. Take time to answer these 3 questions:

1. In what areas of your life are you being tormented with something evil?
2. To what solitary places have your struggles driven you to?
3. In what ways have you forgotten who you really are?

End your group time by praying for the specific issues that came up in your conversation.

