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CENTRAL CHRISTIAN CHURCH	The Sweetness of Forgiveness: Psalms 32 & 51
Ö; BIG IDEA	There is no better place to be than forgiven by God.
ICE BREAKER	If you could erase one embarrassing moment from your past - like tripping in public, calling someone by the wrong name, or showing up to an event on the wrong day - what would it be and why? Keep it fun and lighthearted!
MAIN POINTS	<ul> <li>There is a weight to our sin. David's series of sins: coveting, adultery, theft, murder, and false testimony</li> <li>The burden of keeping secrets and attempting to cover up wrongdoing creates a physical and emotional toll in our lives</li> <li>God offers a path to forgiveness through conviction, owning and confessing our sins.</li> <li>True repentance involves agreeing with God about our sin</li> <li>God offers complete forgiveness when we confess and removes our sins "as far as the east is from the west"</li> <li>We can all be restored (David being called a man after God's own heart)</li> </ul>
DISCUSS	<ol> <li>Pastor Cal mentioned that studies show the average person holds onto 13 secrets. Why do you think we tend to keep things hidden, even when it causes us stress?</li> <li>What are some ways that holding onto secrets and unconfessed sin can affect us physically, emotionally, and spiritually?</li> <li>In the story, God sent Nathan to confront David. How has God used people or circumstances in your life to help you recognize areas that need addressing?</li> <li>Why do you think David was able to see the sin in Nathan's story about the lamb but was blind to his own sin? How might this apply to our lives?</li> <li>What makes confession difficult? What holds us back from being honest with God and others?</li> <li>Read Psalm 51. What stands out to you about David's attitude and approach to confession?</li> <li>How does God's forgiveness differ from human forgiveness?</li> </ol>
NEXT STEP	Pastor Cal said, "It's never too late to do the right thing!" What does that mean for you this week?
SCRIPTUR E	Psalm 32:5 Blessed is he whose transgressions are forgiven, whose sins are covered. Blessed is the man whose sin the Lord does not count against him and in whose spirit is no deceit.  Psalm 103:12 As far as the east is from the west, so far has he removed our transgressions from us.
NEXT WEEK SNEAK	Join us next week and invite a friend as we study the Psalms!

 ${\tt Questions\ or\ Feedback?\ Email\ Groups@Central AZ.com}$