






	<p>JOYRIDE: Searching for Joy...in Life.</p>
 <b>BIG IDEA</b>	<p>The Joy we experience in life is directly proportional to our willingness to sacrifice for others.</p>
 <b>ICE BREAKER</b>	<p>What is your favorite and your least favorite time of the year? Why?</p>
 <b>MAIN POINTS</b>	<ul style="list-style-type: none"> <li>● Self-Centeredness is natural and innate</li> <li>● Jesus demonstrated sacrificial love through his crucifixion</li> <li>● Sacrifice Doesn't Come Easy</li> <li>● Personal sacrifice requires internal willingness (No one can sacrifice on your behalf)</li> <li>● The essence of love is selflessness. The essence of selflessness is sacrifice.</li> <li>● Selflessness leads to deeper joy and life satisfaction</li> <li>● Look for opportunities (even small ones) to support others at personal cost</li> </ul>
 <b>DISCUSS</b>	<ol style="list-style-type: none"> <li>1. What most stood out to you from the message this past weekend? Why?</li> <li>2. Be honest! On a scale of 1-10, how self-centered do you believe you are? What evidence supports your rating?</li> <li>3. Why do you think sacrifice is difficult for most of us?</li> <li>4. Can you recall a time when sacrificing something for someone else brought you unexpected joy?</li> <li>5. How can practicing small acts of selflessness change your perspective on joy and relationships?</li> <li>6. What barriers prevent you from consistently putting others first?</li> </ol>
 <b>NEXT STEP</b>	<p>Identify one way this week that you can sacrifice for others at personal cost. Also sign up to serve the community on February 22nd with Mobilize at <a href="http://CentralAZ.com/mobilize!">CentralAZ.com/mobilize!</a></p>
 <b>SCRIPTURE</b>	<p>Philippians 2:3-4 Do nothing out of selfish ambition or vain conceit. Rather, in humility value others above yourselves, not looking to your own interests but each of you to the interests of the others.</p> <p>1 Corinthians 13:4-7 Love is patient, love is kind. It does not envy, it does not boast, it is not proud. It does not dishonor others, it is not self-seeking, it is not easily angered, it keeps no record of wrongs. Love does not delight in evil but rejoices with the truth. It always protects, always trusts, always hopes, always perseveres.</p>
 <b>NEXT WEEK SNEAK PEAK</b>	<p>Join us next week and invite a friend as we continue start a new series!</p>