CENTRAL SERIES & TITLE	JESUS MANIFESTO - Blessed are the Meek
-ૻૢ૽ૢૻ- BIG IDEA	Meekness is not weakness, but power under control.
ICE BREAKER	What's the strangest pet you've ever owned? How did you get it?
MAIN POINTS	<ul> <li>Weak people react; meek people respond.</li> <li>Reacting and losing control leads to regret.</li> <li>Responding with self-control leads to respect.</li> <li>The meek will inherit the earth (have influence and opportunity).</li> </ul>
Corr DISCUSS	<ol> <li>Pastor Shan shared that meekness is "power under control." How does this definition differ from common perceptions of meekness? How does it change your understanding of this quality?</li> <li>Discuss the difference between reacting and responding. Why is it often more challenging to respond with self-control rather than react impulsively?</li> <li>Pastor Shan said, "Meek people are known for using their power to protect others, not to protect themselves." How can we apply this principle in our daily lives? Give some practical examples.</li> <li>Reflect on the story about Jack and the road rage incident. How did Jack's response diffuse the situation? Have you ever been in a similar situation where responding calmly made a difference?</li> <li>Pastor Shan also shared, "What stories do people tell about you?" Take a moment to consider this question and do some introspection. Are there any patterns in your behavior you'd like to change?</li> <li>How can developing meekness (power under control) lead to greater influence and opportunity in various areas of life (work, relationships, community)?</li> </ol>
) Next step	Identify a few ways that you can practice responding with self-control instead of reacting impulsively this week.
SCRIPTURE	Matthew 5:5 Blessed are the meek, for they will inherit the earth. Matthew 11:29 Learn from Me, for I am meek and humble in heart.
O NEXT WEEK SNEAK PEAK	Join us next week as we continue our summer series: JESUS MANIFESTO! Pastor Shan will be teaching this summer - you're not going to want to miss this. Tune in in-person or online at CentralAZ.com/messages!

Questions or Feedback? Email Groups@CentralAZ.com