



## RELATIONSHIPS: Life on the Other Side of you - Blindspots



### BIG IDEA

Identifying and addressing our blindspots is crucial for developing richer, healthier relationships.



### ICE BREAKER

What's one thing that always brings a smile to your face, no matter how tough your day has been?



### MAIN POINTS

- Jesus warns against judging others before examining ourselves (Matthew 7:1-5)
- Our life is only as rich as our relationships
- Blindspots are areas everyone else can see, but we can't
- Identifying and addressing our blindspots is key to healthier relationships
- We need to "flip the lens" to see ourselves from others' perspectives



### DISCUSS

1. Why do you think it's easier to point out others' faults than to recognize our own? How does Jesus' teaching challenge this tendency?
2. Reflect on the statement: "Your life is only as rich as your relationships." Do you agree or disagree? Why?
3. Pastor Shan mentioned three categories of blindspots: leaky face, leaky tone, and leaky patterns. Which of these do you think you might struggle with the most?
4. How might childhood experiences contribute to our relational blindspots as adults?
5. What are some potential consequences of not addressing our blindspots in relationships?
6. Pastor Shan suggests asking trusted friends, "What is it like to be on the other side of me?" How do you feel about asking this question? What makes it challenging?
7. Discuss the tips provided for asking for feedback (being intentional, choosing the right timing, listening without defensiveness, expressing gratitude). Which of these do you find most important or difficult?
8. Share an experience where addressing a personal blindspot led to improved relationships.



### NEXT STEP

Flip the lens this week and be intentional to at the right time ask someone close to you to answer the question: what's it like to be on the other side of me?



### SCRIPTURE

Matthew 7:3-5 - Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye? How can you say to your brother, 'Let me take the speck out of your eye,' when all the time there is a plank in your own eye? You hypocrite, first take the plank out of your own eye, and then you will see clearly to remove the speck from your brother's eye.

Proverbs 27:6 - Faithful are the wounds of a friend...



### NEXT WEEK SNEAK

Join us next week as we continue this series on relationships called RELATIONSHIPS: Life on the Other Side of You. Come join us and bring a friend!

Questions or Feedback? Email [Groups@CentralAZ.com](mailto:Groups@CentralAZ.com)