





	<p>JOYRIDE: Finding Joy in Contentment</p>
 BIG IDEA	<p>Contentment is the secret to joy; gratitude is the secret to contentment.</p>
 ICE BREAKER	<p>If you won a million dollars tomorrow, what would be the first three things you would do with it? After everyone shares, discuss how those choices might or might not bring lasting happiness.</p>
 MAIN POINTS	<ul style="list-style-type: none"> ● Ambition can be both a gift and a potential problem ● Society teaches us that fulfillment comes through achieving, attaining, and acquiring ● Contentment is a choice we must repeatedly make, not a destination ● Our natural desires have no preset limits - we must set them ● True contentment comes from recognizing God's presence in our lives ● Generosity flows from contentment and understanding that God is our source
 DISCUSS	<ol style="list-style-type: none"> 1. What most stood out to you from the message this weekend? Why? 2. How has social media affected your contentment level? In what ways do you find yourself comparing your life to others? 3. Pastor Cal mentioned that "if I'm not satisfied with what I have, I will never be satisfied with what I want." How have you seen this play out in your own life or in the lives of others? 4. What's the difference between having ambition and being driven by discontentment? How can we maintain healthy ambition while remaining content? 5. What's one area of your life where you struggle most with contentment? What practical steps could you take this week to cultivate gratitude in that area? 6. How might your perspective on generosity change if you truly believed that "God will meet all your needs" (Philippians 4:19)?
 NEXT STEP	<p>Take a moment to write down three things you're grateful for right now. How might regularly practicing gratitude impact your daily level of contentment and joy?</p>
 SCRIPTURE	<p>Philippians 4:11-12 ...for I have learned to be content whatever the circumstances. I know what it is to be in need, and I know what it is to have plenty. I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want.</p> <p>Philippians 4:19 And my God will meet all your needs according to the riches of his glory in Christ Jesus.</p>
 NEXT WEEK SNEAK PEAK	<p>Join us next week and invite a friend as we start a new series!</p>

Questions or Feedback? Email Groups@CentralAZ.com